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Involvement to Date in the Academic Consortium:

I have been a Veterans Health Administration member of ACIMH for many years. I have participated in workgroups and interest groups in the past. I participated in a recent ACIMH advisory group to discuss future strategic priorities. I have presented at past ACIMH conferences on Whole Health Implementation. I have reviewed past evidence documents for workgroups. I have collaborated with ACIMH to share our successes with the AMA CPT application processes.

Experience and Expertise:

I have been deeply involved in patient-centered care and Whole Health implementation for the past 10 years in VHA. I have held leadership positions throughout this journey and continue to work in support of this cultural transformation. Previously, I was a clinical champion for the Integrative Health Coordinating Center within VHA's Office of Patient-Centered Care and Cultural Transformation (OPCC & CT) for 10 years. During that time, I helped to lead the implementation of evidence-based complementary and integrative health approaches in VHA. This included the creation of a national directive mandating the provision of 8 specific approaches as well as co-developing a novel coding and tracking system given the lack of specific CPT codes. I served as Whole Health System Clinical Director for VA St. Louis Health Care System, which was one of 18 flagship sites for implementing Whole Health in VHA. In this role, I was responsible for leading a team to implement this model of care throughout the medical center, and we achieved an advanced state of implementation due to the senior leadership engagement and whole health team efforts. We integrated whole health concepts into care as well as rapidly stood up health coaching, self-empowerment groups, and well-being modalities. Currently, I am the National Associate Director for Employee Whole Health within the OPCC & CT. In this role, our team is bringing whole health (integrative medicine and health) to all employees. This focus on our healthcare professionals is very critical right now as well, and we are elevating the need for integrative medicine and health approaches to support employee well-being and resiliency. I have expertise in strategic planning, implementation, evaluation, coding and tracking, budget and operations, and leadership. I love to be involved in team-based discussions and decisions in support of healthcare transformation. This work is meaningful to me and connected to my purpose, which is to support humanity in a healing way.

Vision for Integrative Medicine and Academic Consortium's Role in Achieving the Vision:

I would be very excited to join the ACIMH Board and explore strategies to promote cultural transformation. ACIMH has created an amazing community to support sharing of best practices. This organization has supported policy, research, and advocacy work, and I believe that is all still essential. In addition, the organization can continue to develop implementation best practices to support varying levels of facility engagement in integrative health. I would love to see an increasing emphasis on integrative health for employee well-being. This will be necessary to create an engaged workforce that has compassion and a desire to deliver personalized healthcare. I believe ACIMH can be an asset in addressing systemic barriers to integrative health transformation, including changing some of the

incentives and metrics that are aligned with a disease-based model. We can support the future generation of healthcare providers by prioritizing well-being within trainee education. We can support HHS and the Surgeon General's mission to support the nation through more well-being approaches, including an emphasis on mental well-being. ACIMH is the strong voice that connects us all, whether we are in academia, government, or private healthcare systems. That comradery is very important right now, and we can continue to create community and space for shared experiences. I believe we can engage more member participation through VHA given the vast number of interest groups emerging around this work. I am excited by the opportunity to be a part of this highly respected organization