



ACADEMIC CONSORTIUM
FOR **INTEGRATIVE**
MEDICINE & HEALTH

IMPACT CIRCLES

A yearlong series of Academic Consortium member successes in integrative innovation and implementation, intended to inspire new ideas and programs throughout the integrative medicine community, worldwide, in 2021.

INTEGRATIVE MEDICINE EDUCATION FELLOWSHIP, MASTERSHIP, ADVANCED PRACTICE CERTIFICATES

The Academic Consortium for Integrative Medicine & Health accepted the role of recognizing integrative medicine fellowship programs in 2020, a responsibility previously held by the American Board of Integrative Medicine (ABOIM). The leading authority in this field, the Academic Consortium now sets and monitors the educational standards for integrative medicine fellowship programs.

Today, 18 programs are recognized in nine states, including **Arizona, California, Illinois, Massachusetts, Michigan, New York, Ohio, Pennsylvania, Wisconsin**, plus **Washington DC**.

Fellowship programs are integral to advancing the field of integrative medicine and health. **Mastership programs** and **advanced practice certificates** add educational depth and practice scope. As this developing field continues to establish its critical role in mainstream medicine and healthcare, more educational programs at every level will be needed to meet an increasing public interest and expectation.

Thomas Jefferson University, Academic Consortium member, is focused on expanding the education, research, and clinical care profile of integrative medicine. In 2019, the University followed up its earlier establishment of the Marcus Institute of Integrative Health by adding *Integrative Medicine and Nutritional Sciences* as a department of its Sidney Kimmel Medical College, the first department of its kind at an academic medical school.

“This historic moment creates a unique platform for us to further the field of integrative medicine as a true medical specialty,” says Marcus Institute CEO **Daniel Monti, MD**, *“and the institute’s combination of inpatient and outpatient programs provides a wide range of clinical experience for students and fellows, allowing our model of care to become more of the fabric of the rest of the university and health system.”*



To date, three levels of integrative medicine education have been created in a thoughtful academic program matrix at the Marcus Institute, with an overall objective of excellence in evidence-based, patient-centric integrative care, setting standards that may be universally shared and internationally applicable. The program offers a **Fellowship in Integrative Medicine** and **Advanced Practice Certificates** - *Mind-Body Medicine* and *Integrative Nutrition*. A third certificate program - *Integrative*

Health Education, and a **Master of Science in Integrative Health Sciences** will be available in September 2021.



Mary Gozza-Cohen, PhD
Director, Academic Programs, Dept of Integrative Medicine & Nutritional Sciences, Marcus Institute of Integrative Health, Thomas Jefferson University



Daniel Monti, MD, MBA
Ellen and Ron Caplan Chair, Dept of Integrative Medicine and Nutritional Sciences, CEO, Marcus Institute of Integrative Health, Thomas Jefferson University



Madeleine Becker, MD, FACP
Director, Graduate Medical Education, Associate Director, Integrative Medicine Fellowship, Professor, Dept of Integrative Medicine & Nutritional Sciences, Thomas Jefferson University

The Fellowship in Integrative Medicine is a unique one-year, full-time program for graduates of an ACGME-accredited residency who are board-certified in their area of specialty, or plan to board certify during the fellowship.

Madeleine Becker, MD, Associate Director, Integrative Medicine Fellowship, describes the scope of training, including nutrition, vitamin, herbal hormonal and mind-body medicine.

She says training offers “*clinical experience with a diverse faculty in multiple settings, both inpatient and outpatient care, as well as work with our Integrative Medicine Consultation Service.*” Research training is designed for each Fellow’s area of interest. Fellows participate in the Mindfulness-Based Stress Reduction program and the Healers Art Course and have multiple teaching opportunities in the medical school and education programs.

Mary Gozza-Cohen, PhD, Director of Academic Programs, reports the diversity of participants “*across multiple Jefferson campuses, includes residents and physicians, students and faculty from the university’s nursing, occupational therapy, and pharmacy programs.*” Some students are taking individual courses or full certificates as electives; content from an Integrative Medicine elective course is now being incorporated into select medical school courses.



Stephen Klasko, MD, President, Thomas Jefferson University, explains the overall goal: “*We want to bring together the best of traditional American medicine with the best of global health, the best of holistic medicine, the best of nutritional medicine.*”

Starting or Expanding Integrative Medicine Education Programs

1. Start by compiling a strong and collaborative team of interprofessional experts from a variety of fields and backgrounds.
2. Encourage and provide opportunities for creativity, innovation, and flexibility in development of programs that meet identified interests in integrative medicine education.
3. Be prepared to demonstrate the added value of any proposed integrative medicine education programming for trainees and patient care.

RESOURCES

Academic Consortium

- [Integrative Medicine Fellowship Recognition Standards Checklist](#)
- [Recognized Fellowship Program](#)

Thomas Jefferson University

- [Mary Gozza-Cohen, PhD \(Graduate Program Contact\)](#)
- [Integrative Medicine Fellowship Program](#)
- [MS in Integrative Health Sciences](#)
- [Advanced Practice Certificates](#)
- [Integrative Medicine Grand Rounds Recorded Presentations](#)
- [Integrative Health Graduate Programs](#)
- [N-Acetyl Cysteine Is Associated with Dopaminergic Improvement in Parkinson's Disease](#)
- [Neuro emotional technique effects on brain physiology in cancer patients with traumatic stress symptoms: preliminary findings](#)

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Our mailing address is:

Academic Consortium for Integrative Medicine & Health
12570 Turtle Creek Drive
New Buffalo, MI 49117